**Research Question / Research Theme:** How are mobile apps currently being used to help individuals with hypertension eat a healthier diet?

**Concept 1: Mobile apps**

**Keywords: “**mobile application\*”[tw] OR “mobile apps”[tw] OR “mobile technolog\*”[tw] OR “mobile healthcare”[tw] OR mhealth[tw]

**MeSH:** "Mobile Applications"[Mesh]

**Search Term:** "Mobile Applications"[Mesh] OR **“**mobile application\*”[tw] OR “mobile apps”[tw] OR “mobile technolog\*”[tw] OR “mobile healthcare”[tw] OR mhealth[tw]

**Concept 2:** Diet

**Keywords:** diet\*[tw] OR nutrition\*[tw]

**MeSH:** "Diet Therapy"[Mesh]

**Search Term:** "Diet Therapy"[Mesh] OR diet\*[tw] OR nutrition\*[tw]

**Concept 3:** Blood pressure

**Keywords:** hypertension[tw] OR “high blood pressure”[tw]

**MeSH:** "Hypertension"[Mesh]

**Search Term:** "Hypertension"[Mesh] OR hypertension[tw] OR “high blood pressure”[tw]